

Beginner YOGA



Afterschool Enrichment for Grades 3-8

WEDNESDAYS 3:30-4:30

with Mr. Combrinck

- ♦ Free your mind and strengthen your body in Mr. Combrinck's Beginner Yoga Class
- ♦ Students will move through basic yoga poses and practice the art of meditation
- ♦ Students must wear school appropriate active wear (i.e. gym shorts and t-shirt)

2nd SEMESTER ♦ **\$30 per SESSION** (cash /money order)

Session 5: January 16, 23, 30

Payment window: December 12-14

Session 6: February 6, 13, 20

Payment window: January 16-18

Session 7: March 6, 13, 20

Payment window: February 13-15

Session 8: April 10, 17, 24

Payment window: March 13-15

*additional charges apply for late pick-ups

*no refunds, transfers, or exchanges